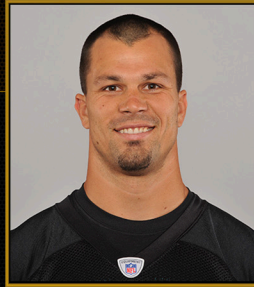


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RUSSELL ALLEN



LINEBACKER

6-3 238 LBS.

SAN DIEGO STATE

BORN MAY 5, 1986

OCEANSIDE, CALIFORNIA

ACQ: ROOKIE FREE AGENT 2009

EXP: 6TH YEAR

GAMES PLAYED/STARTED: 2009 (16/5), 2010 (16/4), 2011 (16/6), 2012 (16/16), 2013 (14/13)

NFL TOTALS: 78 games, 44 starts

POSTSEASON TOTALS: 0 games, 0 starts

TRANSACTIONS: Signed as an undrafted rookie 4/26/09.

PRO: Played in first 78 games to start his career ... Missed final two games of 2013 season with a concussion ... Re-signed with the club in 2012 offseason... Former undrafted rookie has made 44 starts including a career-high 16 in 2012 ... Career totals include 452 tackles (306 solo), 25 tackles for loss, two forced fumbles, three fumble recoveries, two sacks, nine passes defended and one INT ... His streak of 78 consecutive games played was ninth-longest streak in team history ... One of only three players in team history to record 200-plus tackles in a season with a career-high 201 in 2012, joining Hardy Nickerson (230, 2001) and Paul Posluszny (231, 2012) ... Led team in 2012 with a career-high 10 tackles for loss and posted double-digit tackles in 12 of 16 games ... Produced two of the franchise's top nine single-game tackle totals in 2012 with 22 against Houston on Sept. 16 (2nd-most) and 20 at Houston on Nov. 28 (T-7th most) ... Plays key role on special teams with 43 career tackles, including at least 12 in three of first four seasons ... One of only three rookies (Derek Cox, Terrance Knighton) to play in all 16 games in 2009 ... Never missed a game in four seasons at San Diego State, starting 43 of 48 contests for the Aztecs ...

2013: Played in 14 games with 13 starts at LB ... Missed final two games with a concussion, his first missed games of his career ... Totaled 63 tackles (45 solo), one sack, four tackles for loss, one QB pressure and a career-high two fumble recoveries ... Opened season with two tackles on **9/8 vs. KC** and followed with five tackles (three solo) on **9/15 at OAK** ... **9/29 vs. IND:** Registered a season-high seven tackles (five solo), one sack, one tackle for loss and one QB hit. Sacked Andrew Luck in the third quarter ... **10/6 at STL:** Posted five solo tackles including one for loss ... **10/13 at DEN:** Did not start as team opened in nickel defense and posted three tackles ... **10/27 vs. SF:** Started at LB and made three solo tackles. Recovered a fumble forced by Jason Babin in the third quarter ... **11/10 at TEN:** Started at LB and tallied six tackles, one tackle for loss and one fumble recovery. Marked second straight game with a fumble recovery as he recovered a Jake Locker fumble in the second quarter ... **11/17 vs. ARI:** Made start at MLB for injured Paul Posluszny and matched his season-high with seven tackles (six solo) and one tackle for loss ... **11/24 at HOU:** Played in his 75th consecutive game, tied for the ninth-longest streak in team history. Finished with six tackles (three solo) ... **12/15 vs. BUF:** Started at LB and finished with three tackles (two solo) ... Was placed on injured reserve on Dec. 18 with a concussion ...

2012: Started all 16 games for the first time in his career and produced a career-high 201 tackles (137 solo), eight passes defended and 10 tackles for loss ... Added a half sack and four special teams tackles ... The 201 tackles ranked as third-most in franchise history (Hardy Nickerson, 230, 2001; Paul Posluszny, 231, 2012) ... Posted a career-high and team-best 10 tackles for loss ... One of five defensive players and seven players overall to start all 16 games ... **9/9 at MIN:** Opened the season with 11 tackles (seven solo) and one pass defended ... **9/16 vs. HOU:** Registered a career-high 22 tackles (17 solo) and one QB pressure and missed only five snaps. The 22 tackles tied for the second-most in team history ... **9/23 at IND:** Made 15 tackles (11 solo) with one tackle for loss, two QB pressures and one pass defended and followed with 17 tackles and one tackle for loss on **9/30 vs. CIN** ... **10/21 at OAK:** Had 11 tackles (seven solo) with two QB pressures, one pass defended and one special teams tackle. Recovered muffed punt in second quarter which led to a Jaguars TD ... **10/28 at GB:** Missed only five snaps, and led team with 12 tackles (six solo) with two passes defended ... **11/18 at HOU:** Tallied a team-high 20 tackles (15 solo), tied for the sixth-most in team history ... **11/25 vs. TEN:** Had 12 tackles (nine solo) with two tackles for loss, one QB pressure and one pass defended. Added one special teams tackle ...

2011: Produced then career-best numbers with 76 tackles, one INT, two forced fumbles and four tackles for loss ... Played in all 16 games for the third consecutive season and made a career-high six starts ... Ranked second on the team with 12 special teams tackles ... Started five of the final six games and tallied double-digit tackles in four of the games ... One of eight defensive players to play in all 16 games ... **10/16 at PIT:** Made first start of the season in place of injured LB Clint Session. Totaled five tackles and added one special teams tackle ... **11/20 at CLE:** Split a sack with DT Tyson Alualu on QB Colt McCoy for a seven-yard loss in the fourth quarter ... **11/27 vs. HOU:** Started

at LB and accumulated 13 tackles with two tackles for loss and one forced fumble ... **12/5 vs. SD:** Had 13 tackles in second consecutive start along with one special teams tackle ... **12/11 vs. TB:** Started at LB and forced a fumble by RB LeGarrette Blount that was recovered by DE Jeremy Mincey ... **12/15 at ATL:** Started at LB and registered a career-high 14 tackles (eight solo) with one tackle for loss ... **1/1 vs. IND:** Intercepted QB Dan Orlovsky in the third quarter for his first career INT. Tallied 11 tackles (six solo) in start ...

2010: Appeared in all 16 games for the second straight season and made four starts at LB ... Finished with 54 tackles (38 solo), one pass defended and a career-high four tackles for loss ... Added 12 special teams tackles ... Saw extensive action at LB (44 snaps) on **9/19 at SD** after Justin Durant left the game with an injury and totaled eight tackles along with two special teams tackles ... Earned first start of the season on **10/3 vs. IND** and accumulated four tackles ... Started at LB on **12/26 vs. WAS** and registered a season-high 11 tackles (nine solo) with one tackle for loss on 37 snaps ... Concluded season with 10 tackles (nine solo) including a career-high two tackles for loss on **1/2 at HOU** ...

2009: Played in all 16 games as a rookie with five starts at LB ... Totaled 58 tackles (35 solo), three tackles for loss and one QB pressure ... Ranked third on the club with 14 special teams tackles ... Saw action on special teams in games 1-4 and posted three tackles on **10/4 vs. TEN** ... Inserted into starting lineup on **10/11 at SEA** due to injuries and tied for the team-lead with 12 tackles ... Started in place of injured Justin Durant on **11/22 vs. BUF** and finished with seven tackles ... Started at LB on **12/17 vs. IND** for injured Clint Ingram and tied career-high with 12 tackles (eight solo) ... Made starts on **12/27 at NE** and **1/3 at CLE** to conclude the season.

COLLEGE: Started 43 of 48 games at LB, never missing a game in four seasons ... Finished career with 375 tackles, 22 tackles for loss, 3.5 sacks, three forced fumbles and four fumble recoveries ... Ranked second in school history in tackles ... Led team with 107 tackles and ranked second with 9.5 tackles for loss as a senior ... Served as team captain his final two seasons ... Started at DE in two games as a senior.

PERSONAL: Married (Ali) with son, Parker ... Resides in Jacksonville, Fla. ... Attended Vista High (Calif.) and had his jersey retired in the 2010 offseason by the school ... Named San Diego County defensive player of the year by the San Diego Union-Tribune, the North County Times and CIF as a senior ... Led team to consecutive Division I championship game appearances ... Recorded team-high 118 tackles as a senior and was also credited with four sacks, four fumble recoveries and three forced fumbles ... Made numerous visits to local detention center in Jacksonville to give his testimony ... Weekly visitor to Daniel Home and Children's Home Society ... Visited patients at Wolfson Children's Hospital ... He and his wife visited El Salvador in 2011 offseason to see the children through Compassion International ... Twitter handle is @RussellAllen50 ... Full name: Russell David Allen.

2013 GAME-BY-GAME STATISTICS

| DATE | GAME | TKL | SOLO | ASST | ST | SACKS | FF | FR | PD | TFL |
|--------------------|-------------------|-----------------|-----------|-----------|----------|------------|----------|----------|----------|----------|
| 09/08 | vs. Kansas City | 2 | 2 | 0 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 09/15 | at Oakland | 5 | 3 | 2 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 09/22 | at Seattle | 5 | 2 | 3 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 09/29 | vs. Indianapolis | 7 | 5 | 2 | 0 | 1.0 | 0 | 0 | 0 | 1 |
| 10/06 | at St. Louis | 5 | 5 | 0 | 0 | 0.0 | 0 | 0 | 0 | 1 |
| 10/13 | at Denver | 3 | 1 | 2 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 10/20 | vs. San Diego | 4 | 4 | 0 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 10/27 | vs. San Francisco | 3 | 3 | 0 | 0 | 0.0 | 0 | 1 | 0 | 0 |
| BYE WEEK | | | | | | | | | | |
| 11/10 | at Tennessee | 6 | 4 | 2 | 0 | 0.0 | 0 | 1 | 0 | 1 |
| 11/17 | vs. Arizona | 7 | 6 | 1 | 0 | 0.0 | 0 | 0 | 0 | 1 |
| 11/24 | at Houston | 6 | 3 | 3 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 12/01 | at Cleveland | 5 | 3 | 2 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 12/05 | vs. Houston | 2 | 2 | 0 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 12/15 | vs. Buffalo | 3 | 2 | 1 | 0 | 0.0 | 0 | 0 | 0 | 0 |
| 12/22 | vs. Tennessee | INJURED RESERVE | | | | | | | | |
| 12/29 | at Indianapolis | INJURED RESERVE | | | | | | | | |
| 2013 TOTALS | | 63 | 45 | 18 | 0 | 1.0 | 0 | 2 | 0 | 4 |

REGULAR SEASON CAREER STATISTICS

| | GP/GS | TKL | SOLO | ASST | ST | SACKS | FF | FR | PD | TFL |
|--------------------------|--------------|------------|------------|------------|-----------|------------|----------|----------|----------|-----------|
| 2009 Jacksonville | 16/5 | 58 | 35 | 23 | 14 | 0.0 | 0 | 0 | 0 | 3 |
| 2010 Jacksonville | 16/4 | 54 | 38 | 16 | 12 | 0.0 | 0 | 0 | 1 | 4 |
| 2011 Jacksonville | 16/6 | 76 | 51 | 25 | 12 | 0.5 | 2 | 0 | 0 | 4 |
| 2012 Jacksonville | 16/16 | 201 | 137 | 64 | 4 | 0.5 | 0 | 1 | 8 | 10 |
| 2013 Jacksonville | 14/13 | 63 | 45 | 18 | 0 | 1.0 | 0 | 2 | 0 | 4 |
| NFL totals: 5 yrs | 78/44 | 452 | 306 | 146 | 42 | 2.0 | 2 | 3 | 9 | 25 |

| INTERCEPTIONS | GP/GS | NO | YDS | AVG | LG | TD |
|-------------------|-------|----|-----|-----|----|----|
| 2011 Jacksonville | 16/6 | 1 | 3 | 3.0 | 3 | 0 |